2022 STRATEGIC PLAN 18-MONTH UPDATE February 29-March 1, 2024







SESSION OVERVIEW

In November 2022, a significant milestone was reached with the convening of the Missouri Overdose Prevention Planning meeting. The primary objective of this gathering was to formulate a comprehensive 3–5-year strategic plan aimed at tackling the critical issue of overdose prevention and response within the state. Approximately 100 stakeholders from diverse sectors and agencies participated in this pivotal event. Central to their discussions was the overarching question:

"What strategic measures can be undertaken over the next five years to foster cohesion and cultivate enduring collaborative alliances across systems, encompassing local, state, and federal entities? How can available resources and data be effectively leveraged to enhance equitable access to prevention, treatment, and recovery supportive services statewide, thereby advancing the collective mission of saving lives throughout Missouri?"

Fast forward to February 2024, where a cohort comprising around 30 dedicated individuals reconvened to commemorate achievements, engage in reflective deliberations concerning progress made thus far and barriers that have prevented progress, and chart a course for sustained momentum. This assembly served as an occasion not only to celebrate milestones but also to recalibrate efforts in alignment with evolving needs and emerging challenges. A key outcome of this session was the formulation of a co-created one-year operational calendar, delineating actionable steps and strategic initiatives to propel the ongoing endeavors forward.

Session objectives included:

- Share and celebrate work completed over the past 18-months
- Identify ways to share and communicate all the accomplishments.
- Identify strengths and challenges of moving the plan forward.
- Reflect on learnings and implications of moving a statewide plan forward.
- Development of accomplishments for the next 12-months.
- Create a calendar with SMARTIES goals, timeframes, sponsors and accountability measured for each strategy area



2024 STRATEGIC PLAN UPDATE ATTENDEES

Name	Organization	Name	Organization
Adriatik Likcani	Recovery Lighthouse	Alicia Ozenberger	Act Missouri
Andrew Hunter	Division of Community and Public Health, Bureau of Health Care Analysis & Data Dissemination	Brenda Schell	CDCF/ Midwest HiDTA
Cameo Jones	L.I.V. Recovery Sober Living	Dean Linneman	OA/PDMP
Jennifer DeLett- Snyder	Department of Mental Health	Jenny Armbruster	PreventEd
Jessica Howard	FCC Behavioral Health	Joe Yancey	St. Louis Reinvestment for Optimal Wellbeing
Kim Feaman	Department of Mental Health	Kortney Gentner	Department of Mental Health
Lauren Green	МІМН	Lesha Peterson	DHSS
Leslie Murphy	DHSS	Libby Brockman- Knight	Compass Health
Liz Connors	МІМН	Martha Smith	DHSS
Neann Wedgeworth	Division of Community and Public Health, Bureau of HIV, STD, and Hepatitis	Ralph Begay	Burrell
Rikki Wright	Department of Mental Health	Steve Johnson	DPS/Highway Patrol
Suneal Menzies	ARCA	Susan Bradford (Depue)	MO Institute of Mental Health
Tiffini Wright	DHSS	Van Godsey	Midwest HIDTA
Rhi Evans	МВНС	Paige Chapman	МВНС
Christine Smith	DMH	Lori Franklin	DMH
Karen Wallace	DHSS	Kim Freese	SAMHSA Region 7 Administrator



TWO DAY AGENDA

Day 1: 1:00	Day 1: 1:00-5:00 PM 4-hours		
30 min	Welcome and Introductions		
45 min	Documentation Review		
45 min	Year In Review Activity (A celebration of accomplishments from the large focus question perspective)		
15 min	Break		
45 min	Strategic Directions Evaluation (Identifying where progress is in motion and barriers that are in the way)		
45 min	Sharing and Communicating Successes		
15 min	Reflection and Closing		

Day 2: 9:00	Day 2: 9:00-3:00 PM 6-hours		
30 min	Welcome Back (Activity)		
30 min	Strategic Direction New Current Reality (SWOT, 2-year success indicators)		
15 min	Break		
75 min	SMARTIES Goal (SMARTIES goals for the next year) & Year 2 Calendar		
90 min	Lunch (11:30-1:00)		
45 min	Calendar Review and Responsibility		
45 min	90-Day Small Group Time		
30 min	Closing Celebration		



ANTICIPATIONS

In thinking about our time together over the next two days: "What anticipations do you have for our time together?"

"What are you hoping to get out of this event that will make your time here well spent?"



ANTICIPATIONS

- Learn partners roles
- Learn more about my role
- Data to inform decisions
- Anticipate a clear understanding of MCH leadership role in the strategic plan
- Elevate current goals
- Collaborative plans for the future
- Set goals for targeted response with measurable outcome
- Primary & secondary prevention strategies
- Comprehensive actions for plan that addresses Prevention -> Harm Reduction -> Recovery
- ♦ Actionable steps
- Defined action steps
- Evidence-based practices what is working in other states
- Identify most valuable data sets available and how to access and share for decision making
- How to best disseminate data in a way so it is used in meaningful way

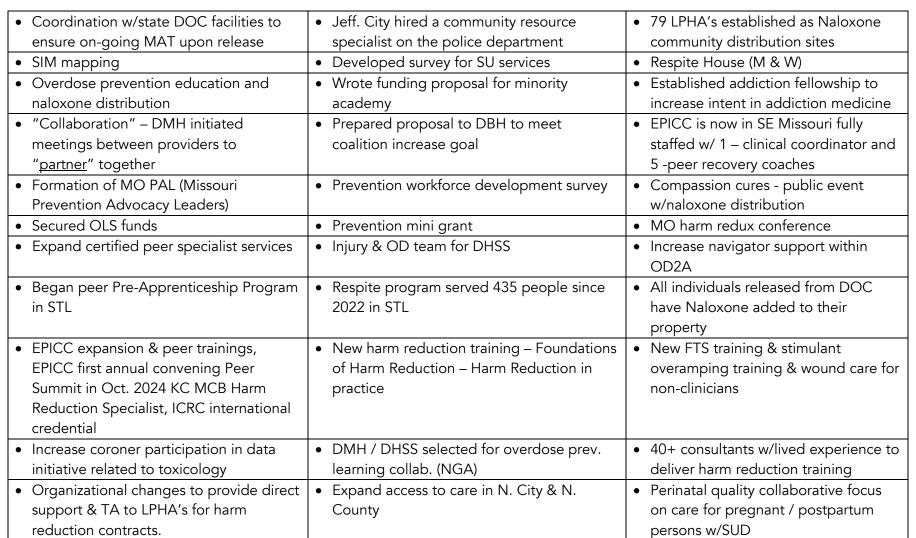
- Recognition that this is a statewide problem we all have to work together to resolve
- Solutions to data collection challenges statewide
- New partners
- Plan for entire continuum.
- Opportunities for collaboration
- ♦ Increased knowledge
- Not just funding or increased funding but sustainable funding
- Develop partnerships for unified goals
- Clear to do's what exactly can we/(I) do
- All entities are synched to optimize \$ & efforts to help & save ppl
- Discuss opportunities specific to prevention & recovery services for youth & people w/IDD
- Networking opp. with rural MO communities to share best practices & resources
- Discussing how we intentionally involve people with lived or living experience in a meaningful way to move the plan/work forward
- How MBHC can support / share / partner w. current & future efforts



CELEBRATING OUR ACCOMPLISHMENTS

In preparation for creating another year of goals the group reflected on their accomplishments over the past 18-months. Participants were asked to reflect collective and individual accomplishments, then to share those out with a small group, and then ultimately to report out to the large group.

What have we accomplished over the past year?







1 Totl		HA
Increase in recovery community centers	Active coalitions	
women to access tx		counties
 Secured R-Corp., funding for epic like program for pregnant / post – partum 	 Coordinate statewide single report for Opioid settlement funds 	• Expanded mail – based Naloxone allowing Naloxone to reach 35 new
Opened women's recovery home in Jefferson City	 SUD grant program via cannabis sales/taxes funding RCC's 	Increase in recovery community centers
 Advocacy @ local subdivision and state level for utilization of opioid settlement funding 	Let's connect (regional partner MATS) Metro East STL	• Funding established for S.U. respite beds
 Community Coalition Support 	Prevention Conference	• 5,125 emergency responders trained in OEND & scene safety
 Participated in prevention harm reduction training thru Great Lakes PTTC 	 Education with community via town hall mtgs. 	Started process to create region 7 peer council
 Met with county commissioners offered evidence-based strategies @ multiple levels of funding 	 MO maternal health action network to address maternal SU – Leadership Academy 	 Creation of a special work group to review child (0 -18yrs) deaths due to Fentanyl poisoning
 EPICC (hybrid) in South Central Missouri Ozarks Medical Center (COMC), 2 peer coaches & 1 manager 	 Training for providers r/t screening & referral for SUD (GR – funding) 	• Creation of Perinatal Health Access Project (state & federal \$) with focus on mental health & SUD
 Overdose fatality reviews (OFR's) – LPHA – National Presenters – meeting 3/20/24 planned 	 Invitation for bid focusing on primary prevention 	IN Fy23 155,125 Naloxone kits distributed across 773 agencies
 Develop new fact sheets at county – level on drug overdose surv. 	 Naloxone saturation plan – onetime stock of established vending machines 	 Opened 30 – 40 bed men respite program in north city STL.
 Served 248 people in 2023, 119 are still sober today 	Missouri PDMP implemented	• DEI work to address tx disparity
 Invitation for bid focusing on recovery. 	More resources & funding	SUD grant program collaboration
universal and indicated	coalition	w/ 6 pilot districts
 1st ever MPS in county (Johnson) School based prevention services – 	Prevention training for CPS'sJoined Boone Co. opioid reduction	Mobile outreachBegan EMS BUP induction in the field
OD awareness events, incorp. community leaders & elected officials	Co-location of SUD and comm. org. addressing tx deserts in STL	Public awareness and media outreach efforts









STRATEGIC DIRECTION REFLECTION

Following the identification of the shared accomplishments the group reflected on each of the three strategic direction areas, further identifying actions that are in-progress and barriers hindering progress over the past 18-months.

REFORMING DYNAMIC RESPONSE				
IN-PROGRESS	BARRIERS			
Fatality reviews -> recommendations for solutions	True engagement / leadership support for those w/lived			
presented to decision makers	experience			
DSS exploration for funding for home visits	Political barriers during election year / legislation / statue			
Training for peers in prevention – credential Missouri	Review of prevention credentialing			
Prevention Specialist	No interstate data sharing w/POMP			
SAMHSA Regional Peer Council	Siloed data due to funder requirements			
• 988	Lack of understanding of units available			
SIM mapping	Coroner – different trainings / willingness to share / toxicology			
MO Student Survey (DMH/DESE)	System is too large			
Standardizing definitions	Differing definition / operationalizing of terms			
• DHSS dashboard (EMS Data) – state entity data sharing	Lack of software (KC ordinance)			
Public availability	Coroner & ME data sharing			
ME coroner info	Time of data turn around			
DOC data linkage	Consistency of reporting @ county level			
Important / impactful data for decision making	Capacity to collect / report			
	Data understanding			

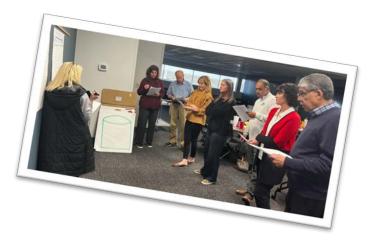






EMPOWERING FOR CHNGE				
IN-PROGRESS	BARRIERS			
Opportunities for opioid settl.	• Little guys swallowed by big guys & don't know how to access \$			
• SUD grant from cannabis tax \$\$	Funding			
Elevating grass roots / faith based	Stigma & personal bias			
Partnership w/local service providers	Lack of education / knowledge			
Culture change	Competition			
Coalitions active & partnering	 Lack of dedication to and not and/or (limited vision) 			
Increase in peer workforce	Diverse pathway to leadership			
Increase in housing	Racism			
Getting funding / pass through	Criminalization			
Advisory for dispensing SUD funding	• Fear			
Fiscal sponsorship	 Easier path for coalition support / \$ 			
Team based rates – CSTAR	Knowledge of collaboration for funding			
FQHC /SUD partnership funding	• Stop expecting everyone to do things for free			
PPS rates	More training and technical assistance			
• Grassroots organizations have a seat @ the table	Advocating for sustainable school access			
DEI trainings	• Local communities don't know what to spend settlement funds on			
CEDI trainings	• Local people don't know what is being spent or who to talk to			
	Bad legislation to increase criminalization			
	Capacity to write to DFC funds			







PRIORITIZING PEOPLE				
IN-PROGRESS	BARRIERS			
CCBHO – SUD 2.1 expand access	• \$ (Money)			
BHCC – 18 adding 6 Springfield added youth	Time – needs time to implement			
 Increased DFC grants (prevention) 	CCBHO implementing SUD			
• ASAM	Workforce (lack of)/lack of livable wage			
Canvas & outreach	Decrease services in rural spaces			
ITCS expansion	Transportation			
EPICC expansion	• Stigma			
Increase mobile unit & crisis	Knowledge			
Increase youth services	Workforce are here to support staff & representation of folks most			
 Support for underserved populations 	impacted			
988 implementation	• Voice of people w/lived experience not here -> fully represented			
Access to training	 Engaged in evidence-based training and solutions 			
Naloxone access increase across state	Access to support services in rural areas			
	Normalization / de-sensitization/denial of use			







SHARING AND COMMUNICATING SUCCESSES

Communicating and sharing all the work that has been completed is integral to the success of expanding understanding and creating a pathway for others to get involved. The group divided into four groups to creatively think through four aspects. Create a service description on what the strategic plan is or is intended to do. Identify the target market. Who can help move the plan forward. Identify communication pathway options on how to communicate the information. Create a slogan.

Service Descriptions

- Partnering with you on overdoes prevention strategies for local communities to put into action to save lives!
- Missourians working together to prevent overdoses and save lives!
- Reduce overdose events and deaths through treatment, recovery, prevention and harm reduction
- Collaborative, effective effort to address overdose crisis via continuum of services facilitated by federal, state, & local partners, and communities, and people with lived experience.
- Interdisciplinary teams of professionals working across sectors to prioritize people to empower change in order to impact and reform a dynamic response to overdose.

Target Markets

- General public
- Communities
- People living it
- People doing the work
- Decision makers

Communication Pathways

- Social media
- Radio
- Digital billboards
- Word of mouth
- TV ads
- Churches and places of faith
- Recovery and treatment centers
- Conference presentations

- Champions
- 12 sectors of the community
- Coalitions
- Grassroot organizations
- Speaker functions
- Bus stops
- Public transportation
- Educational campaigns
- Same message multiple times, consistently
- Think about who the messenger should be

- State entities
- Health Departments
- Foundations
- Legislators
- Consistent branding
- Identify community champions
- Provide leadership skills and empower them with decision making ability
- Word of mouth
- FYI Fridays





Together We Have the Power

Join the team! There is a position for everyone!



Be The Change You Can Prevent Overdose Deaths!

Collaborating for Change: Empowering lives, Reforming Responses to Overdose

Saving Lives from Overdose Is a TEAM Effort Don't be a bench warmer

Together We Can Prevent Overdose



Empowering People, Transforming Response: Uniting Sectors to Overdoes Reform

Together We Can Save Lives





DATA REVIEW

The first annual report to the Missouri General Assembly on Opioid Settlement Funds was published on March 1, 2024. The group collectively reviewed the report, noting positives (+) and concerns (-) within it. They also identified key elements to consider for upcoming goals in the following year.

 How much spent per dept. List of who has funds Page 4 & 5 were most informative The whole report is + transparency Opportunity to outreach for spending Speak to recovery services 57% went to prevention Prevention investment Treatment investment Lots of \$ went out Transparency with funding Breakdown of % to different sectors Timeline of when funds were allocated List of cities & counties List of allowable uses Amt. of available funds Received 100% reporting Having this info to share Website 	 Prevention – primary vs reduction How much is available to each dept. Contact info for who has funds More detail on subcategories on page 15 What are some examples of allowable uses? Why some counties & cities not listed? Why some counties did not spend funds What is the process for an entity to get from distribution to spending Percentage that have not spent Recovery services not always mentioned as allowable usage Lack of local direction / understanding Who to talk to (local) Too much blue Data by rural / urban 	<text><list-item><list-item><list-item></list-item></list-item></list-item></text>
 Education (of priorities, services, etc. and <u>Partnership</u> & collaboration Opportunity for <u>transformational</u> change Does it roll over? Yes Need guidance / strategy / infrastructure Transparency & accuracy on how \$ is spinore Hopefully lack of spending means peop with spending 	e for SUD e on how to impactfully spend \$ e on how to impactfully spend \$ ent / can be spent le are being intentional • Possibili • Don't wa • Still a lo • What the • Tracking	ities for coordination – don't want duplication rant \$ to just sit – where does the interest go? It of \$ to spend g and defining success unities to advocate for unspent funds tability

CURRENT REALITY AND SUCCESS INDICATORS

Following review of the past 18 months and the report, the group shifted to assessing the current reality and defining 2-year success indicators for each of the strategic directions. The group engaged in a SWOT analysis for each strategic area and envisioned two years success indicators. Renewed motivation led them to craft SMARTIES goals—specific, measurable, action-oriented, realistic, time-bound, inclusive, equity-minded, and sustainable—that would pave the path to the envisioned success. Throughout the goal identification process a new strategic direction emerged. The plan now includes four strategic directions.

REFORMING DYNAMIC RESPONSE					
SWOT		2-YEAR SUCCESS INDICATORS			
 STRENGTHS Ton of data We have a MO student survey (MSS) Drug overdose dashboard has great information WEAKNESSES Data is not shared Difficult to digest or understand No updated local resource guides Data collection can be a burden Lack of easy standardized systems 	 OPPORTUNTIES Need a uniformed collection site to be able to share data Educate others, only 1 person knows how to enter Centralized ME/Coroner data system Increase in MSS participation THREATS cost prohibitive knowledge is retiring w/no middle folks – younger worker lacks knowledge whose job is this? 	 What is different when we mobilize behind this area Have we made data more accessible & understandable Have we made an impact on the workforce Every stakeholder/system has peers/patient navigators Increased accessibility Work group still intact & achieving goals Better data at local level with cohesion of data sharing (on opioid website) 			
GOAL IDENTIFICATION					
 Update naloxone saturation plan to accurate Increase school participation in Missouri stu Connecting the disparity parts of the system Bringing together the ME/Coroner with the 	ident survey n – navigator	a to make informed decisions rmine capability for consistent statewide testing			

• Implement a system that collects & dissem. Community reso.



EMPOWERING FOR CHANGE SWOT	-			
 STRENGTHS Diverse group of stakeholders High level collaboration Existing networks Active coalitions Trust building WEAKNESSES No local level collaboration How to access funds locally Lack of diversity in the room/decision making Stigma around Narcan esp. as a stand-alone intervention Losing knowledge & new workforce does not have it 	 OPPORTUNTIES Opportunity to or as a big gro Funding for vo Work with loca Way to highlig what is working Don't recreate Create informa THREATS Administration (political climate Who is the void replace us – ne 	o reconvene (regionally) up lunteer orgs. I entities ht the success stories – g the wheel ation sharing groups changes occurring te) ce that we are training to	 2-YEAR SUCCESS INDICATORS More community coalitions / taskforce with outcomes, with plans for spending (implementation) Money being used to make change More trust and transparency Build trust w/communities bought into primary prevention, harm reduction, treatment, recovery Fewer OD deaths!!! 	
 Build a collaboration to revise the CPS – MPS crede 	GOAL IDENTIFI			
 Build a collaboration to revise the CPS – MPS crede Conduct 3 townhall meetings to engage local comm with lived/living exp. / families in the planning proce community support Leveraging existing assoc./coalitions, conferences, on the report/website, handing out the swag – logo, the communities radar Create criteria to divide state funding into primary preduction, treatment and recovery Amend legislation to allow interstate sharing of MC Create training aimed for local communities on how proposals/access funds Renewed commitment from work groups 	munities / people ess / buy in etc. to educate on he report – get on prevention, harm	 Updated plan outlinin Create OD prev. gov Identify stakeholders credentials 25% increase of comit Reconvening plan Tell the monthly story Review & adopt required credentials By Dec. 2025, represent the story 	workgroup meeting and report outs ng accomplishments and updated goals erning body so this work continues to meet w/MCB to revise the MPS munity coalitions w/strategic plans y of accomplishment thru podcast series irements & levels of MO prevention entation of statewide OD prev-coalition the communities it serves by 25%	



PRIORITIZING PEOPLE				
	SWOT	2-YEAR SUCCESS INDICATORS		
 STRENGTHS Peer / family workforce as great foundation Committed and skilled work / programs are ALREADY happening Variety of services has expanded Collaboration b/w primary care & behavioral health WEAKNESSES Imbalance / confusion on 	 OPPORTUNTIES More expansion in rural areas Ability for more training, expand access to knowledge General revenue dedicated to primary prevention & recovery Have to get the word out Better education for care givers / parents More wholistic care (FQHC / SUD partnerships) THREATS Lack of transportation 	 Less need for treatment Workforce dev. – local leaders with lived experience Dedicated funds in 4 pots – primary prevention, harm reduction, treatment, recovery More resources / increased awareness Stigma reduction Increase in diversion programs (ICTS, etc.) EPICC in northern regions 		
 terminology: prevention – harm reduction, treatment – recovery Accessibility, no service in our rural areas No WIFI / transportation 	 Sustainable program revenue / funding sources Notion we need to do something "new" Mentality & understand of the scope of the problem stays the same Still a lack of youth resources 			
	GOAL IDENTIFICATION			
 Maintain naloxone distribution by distrik Create funding mechanism for transport DMH work with recovery, housing provide Create a map of resource deserts Align SUP grant to support recovery ser Align SUD gr ant to support evidenced 	ation (on-going) to services ders to dev. Opp./criteria for family housing vices for MCH population			

CREATING ACCOUNTABLITY (NEW) GOAL IDENTIFICATION

• Create desired outcome reporting measures for all entities receiving settlement funds (around prevention, harm reduction, treatment, and recovery)

• Develop list serv. To share idea & accomplishments



CALENDAR

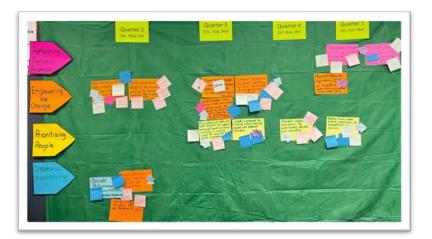
Following the prioritization, the group split into five smaller teams, each comprising of a staff member and a board representative. These teams reviewed all the potential SMARITES goal, carefully selecting the ones that would make it onto the upcoming calendar.

A decision was reached: any goal that evolved into a standard operating procedure (SOP) for the organization would no longer be classified as a strategic goal and would be excluded from the upcoming calendar. To ensure accountability and ownership, a staff or impact area leader, along with a board member, was assigned as sponsors for each selected goal. <u>Calendared goals without names will need to be reassessed for do-ability and accountability.</u>

Strategy Area 1: Reforming Dynamic Response

REFORMING DYNAMIC RESPONSE	Staff, Leader	Q2 Apr May Jun	Q3 July Aug Sept	Q4 Oct Nov Dec	Q1 Jan Feb Mar
Increase participation (the random sample of the) in Missouri student survey by 50% of all schools	Susan Bradford (consult only) Van Godsey Andy Hunter				
Create criteria for consistent tox reporting across all coroners/medical examiners	Van Godsey				







Strategy Area 2: Empowering For Change

EMPOWERING FOR CHANGE	Staff,	Q2	Q3	Q4	Q1
EMPOWERING FOR CHANGE	Leader	Apr May Jun	July Aug Sept	Oct Nov Dec	Jan Feb Mar
Hold meeting w/MCB, DMH, Prevention	Ralph Begay, Jennifer				
Providers to review credentials and create	Snyder, Jessica Howard,				
plan for revision	Susan Bradford, Jenny				
	Armbruster, Lori Franklin				
	Susan Bradford, Adriatik				
Meet w/decision makers to discuss criteria for	Likcani, Jessica Howard,				
funding formula across 4 categories –	Jenny Armbruster,				
Prevention, HR, Treatment, Recovery	Christine Smith, Lauren				
	Green, Liz Connors				
Identify partners to implement podcast series	Adriatik Likcani, Steve				
regarding the plan/activities/progress	Miller, Tiffini Wright				
	Kortney Gentner, Brenda				
	Schell, Jennifer Snyder,				
Conduct 3 regional meetings in local	Libby Brockman-knight,				
communities to engage target audience	Christine Smith, Tiffini				
	Wright, Neann				
	Wedgeworth				
DHS/DMH state team will coordinate ongoing	Kim Fearman, Rikki				
work by convening work groups quarterly and	Wright, Christine Smith,				
document progress (work gr. leads)	Tiffini Wright				
Meet/educate legislators (SUD task force) Re:					
importance of data sharing of PDMP across	Dean				
state lines					
		-73			
	10				



Strategy Area 3: Prioritizing People

PRIORITIZING PEOPLE	Staff,	Q2	Q3	Q4	Q1
	Leader	Apr May Jun	July Aug Sept	Oct Nov Dec	Jan Feb Mar
Align criteria of DHSS, SUD grant program to	Jenny Armbruster,				
support evidence-based primary prevention &	Brenda Schell, Jennifer				
recovery support for maternal child health	Snyder, Ralph Begay,				
population	Tiffini Wright				
Create a proposal for a family recovery	Ralph Begay, Adriatik				
housing model and payment structure	Likcani, Suneal Menzies				
Maintain Naloxone distribution by distributing	Liz Connors, Christine				
150,000 kits annually	Smith, Neann				
	Wedgeworth, Lauren				
	Green				
Explore local & state funding mechanism for	Suneal Menzies, Kim				
transportation to services	Fearman, Kortney				
	Gentner, Ralph Begay,				
	Neann Wedgeworth,				
	Leslie Murphy				

Strategy Area 4: Creating Accountability

CREATING ACCOUTABILITY	Staff, Leader	Q2 Apr May Jun	Q3 July Aug Sept	Q4 Oct Nov Dec	Q1 Jan Feb Mar
Create performance outcome measures MO	Adriatik Likcani, Kim				
overdose response	Fearman				
Yearly strategic planning meeting to	Tiffini Wright, Neann				
reevaluate goals	Wedgeworth				
Revisit 2022 plan & decide keep/scrap goals	Jessica Howard, Susan				
not yet accomplished	Bradford				



Thank you for your time and dedication to improving the lives of all individuals!

Facilitation services provided by



Mid-America (HHS Region 7)







Stephanie Ahles

Steve Miller

EÝEMPOWERING YOU