2022 MISSOURI STRATEGIC PLAN



Overdose Prevention

Coming together to create a comprehensive, collective, realistic, 3-5-year strategic plan to address the opioid crisis and save lives across Missouri

November 29-30, 2022

Governor Office Building, Room 450 200 Madison Street, Jefferson City, MO 65101



www.hue.life



What are we striving for?

What can we do, over the next five years, to unify and create sustainable collaborative partnerships across systems, local, state, and federal agencies, leveraging resources and data to increase equitable access to prevention, treatment, and recovery supportive services across the state in a combined effort to save lives across Missouri.

Two Day Agenda

	DAY 1: Tuesday November 29		DAY 2: Wednesday November 30
8:30am- 12:00pm	Morning Session Review Data: Understand the realities surrounding prevention work and how the information will help inform community health Practical Vision: What do we want to see in place in three to five years as a result of our actions?	8:30am - 12:00pm	<u>Morning Session</u> Strategies: What innovative, substantial actions will deal with the underlying contradictions and move us toward our vision?
1:00pm- 4:30	Afternoon Session Contradictions: What is blocking us from moving toward our vision? Strategies First Year Accomplishments	1:00 - 4:30pm	Afternoon Session First Year Accomplishments: What will our specific, measurable accomplishments be for the first year? First Year Timeline and Assignments: What is our timeline for the first-year accomplishments? What are implementation steps for the first- quarter accomplishments?

HUELIFE FACILITATORS:

○ Angie Asa-Lovstad ○ David Ahles ○ Karie Terhark ○ Stephanie Ahles



Understanding the Data We Know

Data Review

Participants were provided with a packet of materials related to opioid misuse. Participants were asked to take a quick glance at the data and then to have a discussion at their tables. Participants discussed the data presented, and to then shared their own responses to the data. Individuals were invited to share additional data they were aware of, relevant to opioid misuse and overdose. Note that this was not an exhaustive look at all the data available. Each group was asked to record a few facts or essential information that the whole group would want to be mindful during the strategic planning process.

Participant Responses						
 Data needed There's a lag C/ME data for select # of counties MO student survey Neonatal syndrome data We have hospital discharge We have death certificates data MO residents or those who pass here We can't trace fentanyl I-ICDIO code 44/170 region 9 of 10 people w/SUD started before age 21! Black males Harm reduction data w/the story of why it is works Historic data to better tell story of overdose, deaths & racial 	 SDOH Housing Education Employment Access to care (PCP, MH) Shortage of med. Family support system Sexual 	 Responses Important data to look at Missouri student survey Prescription RX use going down kids are practicing harm redux/replacing w/alcohol & Marijuana use Regional data needs to be by zip code and accessible to better target outreach Get a fuller data picture Where naloxone is deployed vs utilized – hard but helpful – zip code level Missouri student survey 6-12 grade Data missing 19–29-year-olds *methods avail. But need \$* Not in college Pregnancy associated mortality Prevention – Primary 	 Deaths & OD incidents w/ incarcerated Veterans Administration -report opioid drug deaths and overdoses to Dept. of Defense OD fatality reviews Data on what youth use / don't have access onechoiceprevention.org Mandated reporting for SUD?For OD? Impact of ACE's Impact of Marijuana Data of FTS Data - pay off MH professionals (MO Low Tax - Low Service) Why are we # 51? Want Data On: Percentage of people with access to Narcan that fatal overdosed 			



	Participan	t Responses	
• How comfortable are we in the data 2016-2021 9,960 OD deaths	 # of treatment provides/facilities by county/region Narcan by EMS 	 Longitudinal data analysis Biggest impact of 25-44 (economic impact) 	 Was the client offered MAT during treatment? Drugs laced with fentanyl
 Toxicology results, centralized collection, testing &reporting, timely data based on testing Prevention in the # of deaths of 	 Correlation HIV/HEPC/SUB USE Correlation SDOH/SUB USE/OD Stats for non-fatal overdoses Population of top 10 counties 	 2017 – present – nearly 11,000 overdose reversals (could be so much worse) Huge increase in MOUD – 	 (outside of opioids) Types of data we know ○ SOR dashboard MIMH ○ MAT data (CIMOR)
younger persons not isolated to SUD (Pills) (School survey) (Prevention training)	 Splitting up age Demographics 15-24 (15-18, 19-24) YTD data seizures seem low, 	 reduced overdose Increased poly – substance use, and we don't have a great break 	 SCOUT ADAP – Access to MAT Vulnerability assessment
 Why is there no separation of adult vs youth data Trends for adults will be different vs youth 	 what months were included in data How do our birth & death rates compare nationally 	 down of that in data Connection between suicide vs OD – we don't know but more important for intervention 	 Wants Zip code data (Drill down) Social economic Over lay on fatal overdose by
 Collaboration of vaping as gateway Was 2020 lower b/c of less 	 Stats for populations connected to care Rural vs Urban outreach 	 More research on policy implications Jail data 	 region (socio, sex, age) Need data on substance misus use before it gets critical
outreach-based data being recorded	 Need to see 2019 data – 1 yr. pre & post Access to care & client needs 	 Maternal OD Expanded ER data Non – fatal 	 Substance use disorder Why the demand How to address upstream
	 Meth totals – high rate of meth /opioid Naloxone use – data Supply driven epidemic Daily COVID data what about daily Opioid data 	 Soft tissue infections Unintentional vs med. Errors vs intentional Social vulnerability index (poverty, education., med access) 	• Easy to just look at overdose deaths
		• Re-entry specific	

What is Our Vision

Our Practical Vision

Participants were asked to collaborate on the articulation of a collective vision, to imagine the future state of opioid misuse. What does the future hold for Missouri, related to opioid misuse? Everyone was asked to share their hopes and aspirations for this work to leverage that vision and energy to create a greater, more inclusive vision. The goal was to create a shared vision that looked beyond the horizon, a vision that is motivating and powerful, and yet realistic and attainable.



Our Workshop Question: What do we want to see in place in 3-5 years as a result of our actions?

#Care	4 Everybody		#Data 2	Action		#No Barriers	
Normalized Harm Reduction Reduction	Effective Equitable Primary Prevention	Disparity Gap Elimination	Coordinated Understandable Data	Supportive Evidence – based Enforcement	Sustainable Dedicated Resources	Accessible & Integrated Care	Evidence – based and Accessible Treatment
As illustrated by As illustrated by	As illustrated by	As illustrated by	As illustrated by	As illustrated by	As illustrated by	As illustrated by	As illustrated by
 communities Access to syringe service programs & fentanyl test strips Naloxone saturation and normalization (Data Focused) (Fully Funded) Community Coalition 	 to support student / teacher health Prevention through recovery systems in public schools Data driven primary prevention 5yo - 30yo Defined: Primary prevention Harm reduction Death prevention Sustained primary prevention funding All schools have a prevention education program K-12 & 	 Racial diversity in decision makers Take services to community Trusted leaders in at-risk communities inform efforts & services No more disparities in outcomes / access 	 Collaborative easy access DATA Mandated reporting / testing by coroners to state lab One central consistent & complete data system Mandated reporting by all LEA of drug seizures to central location Mandate statewide overdose reporting OFR system (state 	 Stop Smuggling Pre-arrest division (LEAD) 	treatment and prevention Funding for K- 12 MH services on sight Increase of fully funded treatment & recovery centers	 Peer run flexible /halfway respite housing Recovery housing available locally (pretreatment respite continuum of housing) Seamless referral system Integrated health care through pre & post hospitalization No wrong door Increased access to Behavioral 	 Implement SUD health homes Higher standard of care youth SUD MAT required for Medicaid reimbursement Methadone offered outside of OTP's ^ funded residency slots Jails integrate treatment prior to release
 State Law re: first responders carrying naloxone and using [Funded] 	University • Nontraditional settings talk about SUD/BH and refer (Churches, Pharmacies, City Council, etc.		& local) Connect data to story ROI analysis of funding		Harry Comp Elizabet 1	Health Services	And an

What is in Our Way



Our Underlying Contradictions

Based on the shared, practical, vision that the group created participants were asked to take a realistic look at *"why"* this vision isn't in place today. What is impeding our vision, our success? Participants were encouraged to look beyond the obvious, beyond the tip of the iceberg and to look below the surface at. The workshop pushed participants to think beyond the "lack of" and dig in to surface the root causes that are the true barriers to successfully achieving their vision.

Workshop Question: What is blocking us from moving towards our vision?

Competing Uncoordinated Fragmented Narrow Reluctance to Fragmented Outdated Inaction	ustrated by As illustrated by ccessible • Reluctance to kforce learn/
visions & sporadic profit – perceptions of understand system policies & wo	kforce learn/
	Riorce
Conflicting data collection focused the leader in harm Restricted legislation Tire	d understand
belief systems & funding the community reduction access • Outdated laws/ wor	kforce / put into action
Reluctant and dissemination Restrictive Uncoordinated Devalued Inaccessible info statues Inaccessible info statues	ealistic evidence –
	ectations of based
beliefs (fear) • Lack of • Misalignment approach substance use centered education sch	ool staff • Reluctance to
Overwhelming interoperable of funding • Uniformed or disorders • Fragmented &	change
conflicting data systems sources and misinformed • Devalue misunderstood	Inflexibility
priorities Timely expenditures leaders and humans services	reluctance
Narrow & research Inflexible & decision Insufficient Uncoordinated	to change
unwilling • Uncoordinated narrow makers investments in inaccessible	
perspective(s) unstandardized funding • Disorganized marginalized scope of	
data systems • Inflexible systems communities service	
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system/data funding leaders community	
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What is Our Strategy?



Our Strategic Directions

In this workshop participants were asked to reflect on their shared, practical, vision and the blocks and barriers that were identified. If our vision is where we want to be in 3-5 years and we have identified *"why"* this vision isn't in place today, then the next task is to address these barriers and to leverage any opportunity that will move towards the vision. Participants were asked to brainstorm substantial actions. These were actions that would address these blocks, either by eliminating them or working to mitigate the impact on their vision or would put the vision in place and or address key opportunities.

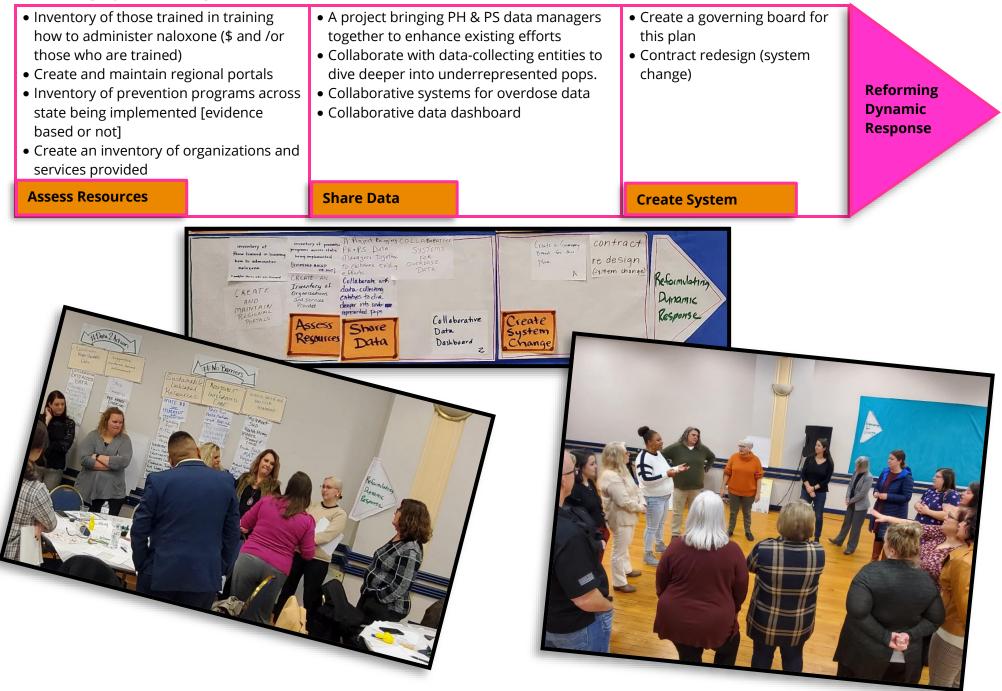
Our Workshop Question: What two-year innovative, substantial actions will deal with our blocks, incorporate our commitment, and move us towards our vision?

Empowering for Change

programs to other locations instateleaders for assessment of local needs & barriers• Community Campaign/E? for naloxone availability/training• Initiative to increase the # of minority peers• Community Campaign/E? for standard education campaign
 Funded community - driven initiatives Communities that care Community Coalitions School prevention Replicate north STL initiative in other parts of state Expand peer-respite housing Funded community - driven initiatives Community Coalitions School prevention Replicate north STL initiative Expand peer-respite housing Plan to identify trusted local Community coalitions School prevention School



Reforming Dynamic Response



Prioritizing People

- Plan to explore expanded role of health centers
- Expand treatment courts to all MO counties
- Statewide naloxone access through multiple channels

 Mail based, vending, street outreach, first responder, agency distribution, standard request form coming
- Enhanced OEND programs in jails/corrections
- Naloxone vending machine project
- Mobile outreach initiatives
- Research docket municipal courts
- Launch/expand certified peer specialists in statewide ER's

Expanded Assess

- Placed based outreach programs
- Warm hand offs during transitions a program
- Expand family focused programs

Implement Individualized Care

Prioritizing People

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What Can We Do?



Our Focused Implementation

In this workshop participants were tasked with creating an action plan. The goal here is to move the group from the reflective and analytic phase of planning to action. Participants were asked to focus on the strategic directions they had identified. The group reflected on this work and collaboratively identified the strengths, weaknesses, opportunities, and threats (SWOT) of each strategic direction. Once this analysis was completed the group worked to identify their first-year accomplishments, moving beyond what **"could"** be done to what **"will"** be done. Participants identified the specific, measurable, attainable, relevant and timebound (S.M.A.R.T.) actions that they will take in the next year, and over the next 90-days. These actions were then plotted on a timeline and individuals were assigned to specific tasks outlining the groups commitment to achieving their vision.

The Workshop Question: What are the specific, measurable accomplishments we can do in the first year?

Prioritizing People

Strengths	Weakness	Opportunities	Threats	2 -Year Success
• Empathy	• Silo's	Collaboration	Complacency	Awareness &
Group knowledge /	• Stigma	• Funding	 Close mindedness 	understanding of harm
resources	Capacity	 Build up existing 	• Ego's	reduction
Funding	 Workforce (lack) 	programs	 No centralized referral 	 Easy access to Naloxone
 There is funding & models that can be replicated Regional hospital connections Lived experiences Commitment Passion and expertise 	 Burnout Secondary trauma Funding restrictions on what can be purchased & timelines Resource intensive Community denial Unintended ignorance Moralized definition of health we 	 Replicate successful programs Epic Expanded network/access Wrap around person – centered services Meet people where they are 	system nowhere for warm hand off Stable funding Grant dependent Moving target Measuring success Competition Fear to admit things	 Timely access to care w/in 3 days People get what they want or need Increase peer services / opportunities to be at the table Expand EPICC / tx courts
 Knowledge & subject experts Community already cares for community (regardless of funding) 	 know the answer – we don't listen - ask Not meeting people where they are Physically 	 Measured success / volume based Current funds in state (+=6B) Learn how to meet people 	 aren't working Stigma Competing priorities (time & money) If they let you know their 	 Improved re-entry linkage w/services (jail / prison) Immediate availability to Naloxone & F.T.S. Expansion of family
	 Emotionally Socially In relationship w/ drug use Financially 	where they areUnderstand people's needs	need & you can't provide it	recovery programsAdditional housing unitsCredentialed training i.e., CEU's for workforce

Empower for Change

Strengths	Weakness	Opportunities	Threats	2 -Year Success
Commitment well	• Lack of diversity	Low barrier to entry	• Sustained motivation /	Well established &
rounded experience	 Limited funding not final decision 	• Expand scope of	momentum	well-funded coalition
 Experience 	makers	existing prevention	 Current funding 	-> led by diverse
w/coalition building	 Historical division among groups 	infrastructure	streams may dry up	leaders
 Diverse group of 	Old-school admin.	 Build on existing 	(fed stim, covid, relief)	Uninform &
perspectives focused	Competition for \$	coalition work	 Self-protection 	supported state
on same outcome	• No LPHA's here	Connections &	• Limited capacity – for	funding coalitions
 Shared desire for 	 Lacking effective strategies to connect 	relationships	participants	 Engagement of
coordination	w/first responders	established	• Stigma	minority participation
Works within	 Lack of coordination 	 Leveraging existing 	 Competing focus of 	 Legislator w/lived
community	 Don't know what we don't know (or 	relationships to inform	coalitions	experience
 Existing prevention 	who)	targeted communities	• The next crisis	 Awareness campaign
coalition/ centers	Complacency after successful launch	• Listen to peer	• Slow funding for grass	• Visible minority
infrastructure	• Can be crisis driven & not sustained	community	roots effort	leadership in all
 Energized people 	 Lack of trust of system 	• Creative funding ideas	• Continued lack of trust	communities
willing to make	• Lack of trust of professionals already in	/ mechanisms	in the system	• Employ regional civil
change	place	• Develop civil operators	 Inconsistent programs 	operators Missouri
 Coalitions exist 	Coalitions don't communicate /	 Increased knowledge 	coming in and out	Guard
• PRC support available	collaborate / share resources	in general community	• People are tokenized	• Coalitions that drive
 Insight: first 	 Lack of follow through 	 Elevating voices of 	Absence of protected	decision making at
responders need to	Time resources	people who haven't	time and funding to	the state level
be at the table	• Pre-determined champions for the	been at the table	sustain coalition work	• Peer respite recovery
 Many groups doing 	community	• Catalyze new	 Unpaid labor of 	housing exists
great work	• Faith communities sometimes closed	communities /	volunteers /activists	
• There are grass roots	• Not enough collaboration -> (sustained	members if	paying -> sustainability	
org doing great work	funding, support, development)	communities	• Faith communities can	
Community	between admin. and grassroots.	• Faith communities	be exclusive	
organizations present	• Change takes time, long term time	more open / inclusive		
• Faith communities	intensive commitment			
	• Bureaucracy			
	Reluctance to change			
	• People may gate keep resources			

Reforming Dynamic Response

 A lot diverse data some infrastructure exists Legal knowledge Trainers in Naloxone exist Funding does exist State procurement knowledge Lack of data sharing agreements Lack of data sharing agreements State procurement process State procurement process<	ts 2 -Year Success
 Opportunities Diversify partnerships Lots of programs / resources Existing data sharing efforts for their needs (not big picture) Lack of data sharing / desire to share [i.e., This is mine] Siloed government funding streams No interoperability Politics Rigid contracting rules Rigid contracting rules Better understanding of available data Funding ends imitative Funding ends imitative Burden on sys person, provide etc., etc., data Blame game for outcomes Compassion fa of job(s) to actually interpret the intersectional aspects of the data Subjective vs. of data Better understanding of available data Misuse of data 	 collaborative data sharing collaborative data sharing Real-time centralized data repository – and who is responsible for maintenance Clearing house of resources & someone to maintain Funding is where it is needed, and we know the outcomes of that funding Inventory of current programming efforts -> evidenced based or not Create / expand statewide drug dashboard to include PS & EMS OD data. Creating statewide committee to oversee data – sharing initiative

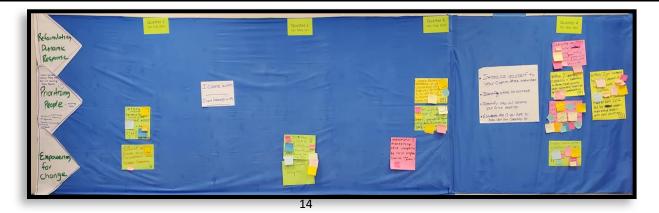
What Will We Do?

The Workshop Question: What are the first-year assignments, timeline, and responsible parties?

	Quarter 1 - 2023	Quarter 2 - 20223	Quarter 3 - 2024	Quarter 4 - 2023
	Jan-Feb-Mar	Apr-May-Jun	July-Aug-Sept	Oct-Nov-Dec
Empowering for Change	 10% of MO law enforcement. Receive credentialed nalox admin training (Jenny Armbrusten, Liz Conners) - Complete Saturation (statewide) formula for (already exists) expand access trad & non- trad >1 year / yes inc., yes sus., yes equity (Libby Brockman-Knight, Casey Johnson, Christine Smith, Liz Conners, Lauren Green, Jenny Armbrusten) 	• By 2024 map existing mobile outreach efforts and services they offer and publicly disseminate the service they offer through community champions. (Casey Johnson, Cindy McDonnald, Sarah Crosley MOCPHE, Emily Hage, Tara McKinney, Christine Smith, Darla Belflower)	• Within 2 years fund at least 2 additional EPICC geographical regions using data to locate hot spots with highest rates (Kortney Gentner, Liz Conners, Ralph Begay , Libby Brockman- Knight, Sen. Holly Rehder)	• Create harm reduction credential w/ MO credentialing board by January 2025 (Darla Belflower, Rosie Anderson-Harper, Casey Johnsen, Marietta Hagan, Lauren Green, Neann Wedgeworth)

	Quarter 1 - 2023 Jan-Feb-Mar	Quarter 2 - 20223 Apr-May-Jun	Quarter 3 - 2024 July-Aug-Sept	Quarter 4 - 2023 Oct-Nov-Dec
Reforming Dynamic Response			• Implement mandatory ODFR comput'n by first response. (can be "the public"). (<i>Brenda Schell</i>)	 Within 2 years add EMS & public safety data to existing DHSS dashboard with maintenance funding (Lynn, Dave Mizell, Sara Crosley MOCPHE, Alicia Lensing, Liz Connors, Mindy Rustemeyer, Paul Boyd, Ryaki Deyton, Brenda Schell, Van Godsey, Marietta Hagan, Leighanna Bennett-DHSS) Designated agency 4 to develop a form to create inventory of current programs for SU service by January 2024 for demographics in MO (Tara McKinney, Jenny Armbruster, Susan Dupue, Cindy McDannold, Laureen Green, Specific for college + higher ed efforts Molly Lindner, Heather Harlan)

				C
	Quarter 1 - 2023 Jan-Feb-Mar	Quarter 2 - 20223 Apr-May-Jun	Quarter 3 - 2024 July-Aug-Sept	Quarter 4 - 2023 Oct-Nov-Dec
Prioritizing People			 Launch awareness campaign of overdose via Facebook ad will be featured 3x week for up to 6 months to those living in MO. (<i>Mindy Rustemeyer</i>, <i>Alicia Lensing, Molly Lindner</i>) 	 Within 2 yrs. increase by 30% the amount of local grassroots coalitions (<i>Casey</i> <i>Johnson, Emily Hage, Liz</i> <i>Connors, Jessica Howard,</i> <i>Jenny Armbruster, Brenda</i> <i>Schell, Jonni Bryan</i> For grassroots coalitions have at least 20% led by under-represented leaders with paid positions. (Within 2 years) AND Within 2 years establish a leadership academy that recruits under -represented / high risk groups from communities (Scott O'Kelly, Jenny Armbruster, Jessica Howard, Emily Hage, Ralph Begay, Susan Depue)



NOTE: SMARTIES goals were identified but not taken on as projects at this time.



GOALS

Empowering for Change	Reforming Dynamic Response	Prioritizing People
 Obtain sustained funding for 1 peer respite recovery house in each district by January 2025 based on demographics most impacted by overdose ID/compile/develop model for rural & urban communities as a guide to building local coalition – 6mo w/10 local coalitions brought up w/in next yr. In spite homes in metro areas in year 1 w/intention to grow 6+ in next year By December 2025, representation of the statewide overdose prevention coalition will accurately reflect the communities it serves by 25% 	 Within 1 year, publish results of SIM mapping on a public website with mechanism to add additional efforts across continuum of care 	 Within 2 years, create a career ladder with established trainings for peer specialists Secure funding for 9 6 units (1 per region). Have partnerships & trainings IDed & set up w/in 1 yr. utilize new local coalitions to ensure equity. Provider ownership of units to sustain





"We believe prevention is better together and together, we are stronger!"

Thank you for your time and dedication to this work Your HueLife facilitation team,



David Ahles, Stephanie Ahles, Angie Asa-Lovstad, and Karie Terhark www.hue.life

Sponsored by: Steve Miller, Director – Mid-America PTTC (Prevention Technology Transfer Center)

